

The Gazette

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Crafted from the finest local ingredients since 1885

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FLEX SPACE OPENS AT INN

The CT River Valley Chamber of Commerce and East Hartford welcomed the new Fairfield Inn, TownePlace Suites and East Hartford Flex Space to 363 Roberts St. Wednesday.

At the grand opening an official ribbon-cutting ceremony was followed by a reception and refreshments with food from Roma's Restaurant on Burnside Avenue and tasty treats from Margarita's right across the street.

The modern mosaic walled lobby was abuzz as the mayor and chamber members got tours of the Flex Space conference areas and the redesign of the building's rooms, which offer a mix of short-term accommodations and longer-stay suites with kitchenettes.

The property has been popular since the first day it opened its doors with all 145 guest rooms full at the day of the opening.

Fairfield Inn & Suites has the traditional rooms and TownePlace Suites - both Marriott properties, has 80 suites.

The lobby is an open design with a bar on the north side and kitchen areas and the of-

See **FLEX SPACE OPENS** pg. 10



TWENTY FIVE YEARS LATER - EAST HARTFORD held a 9-11 memorial ceremony Friday at the Fallen Star Memorial on the Goodwin University campus. Above, the American Legion Holor Guard parades the colors.



THE GOLF SIMULATOR is up and running at the Fairfield Inn & Suites on Roberts Street across from Margarita's. Nearby a suite of offices is now available and set up as a new East Hartford Flex Space.

Farmers connect with schools

The idea around East Hartford School "Farm to School Program" is to go more hands on and perhaps think less about square routes and more about the grass roots.

At Mayberry Elementary, all 286 students were part of a daylong farmers market which had them interacting and learning from four local farms.

Emma Petridge, East Hartford's Farm to School coordinator said, "We truly believe hands on learning is the best way to learn is getting them (elementary students) out in the garden and in the community and onto the farms to learn about how food is grown."

Becky Jack, who was front and center at her Handel Family Farm stand set up in the field at Mayberry school said, "We want to educate kids about where their food comes from."

Handel Family Farm has been leading the way to help reconnect schools with the Forbes Street farm, hosting elementary school tours to the farm, staging vegetable taste tests in town schools, working with the school nutritionist to find ways to include seasonal produce into school menus, taking part in garden bucket fundraisers of the town's

See **FARM IN SCHOOLS**, pg. 10



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AROUND TOWN

State pension fund investments return 15.1 percent

The state Retirement Plans and Trust Funds (CRPTF) reported returns of 15.1% for Fiscal Year 2026, once again substantially outpacing the assumed rate of return of 6.9%.

State Treasurer Erick Russell declared, "Another year of strong investment performance is an important result for Connecticut's pension funds and the people who rely on them," said Treasurer Russell. "A 15.1% return in Fiscal Year 2026, and four consecutive years of returns above our assumed rate, demonstrates the value of maintaining a disciplined, diversified, long-term investment strategy. These results strengthen the retirement security of Connecticut's teachers and state employees, while reducing pressure on future state budgets and helping us continue the progress we have

made in strengthening the financial foundation of our state."

"Connecticut has made tremendous progress in strengthening our pension system and putting the state on a more sustainable financial path," said Governor Ned Lamont. "Strong investment performance, combined with the additional contributions we have made in recent years, is helping us reduce pension debt and lower costs for taxpayers over the long term. This progress is the result of disciplined fiscal management, and it gives us greater flexibility to make investments in education, housing, and other priorities that strengthen our economy and improve quality of life for people across our state."

The returns were announced during the September meeting

of the Investment Advisory Council (IAC), which shares responsibility for Connecticut's investment strategy and performance. The funds have outpaced the assumed rate of return of 6.9% in each of the last four fiscal years (10.14% in Fiscal Year 2025, 11.5% in Fiscal Year 2024, and 8.5% in Fiscal Year 2023).

The funds benefited from \$1.487 billion in excess contributions made in Fiscal Year 2025 as part of the state's fiscal guardrails. When combined with investment earnings, total assets within the pension funds increased by \$11.0 billion in Fiscal Year 2026.

The most significant driver of investment performance is asset allocation. In recent years, reforms have been put in place by the Office of the Treasurer and the IAC to index funds in low-fee, passive arrangements where possible and scale up investments in other areas with high-performing external managers. Other efforts, including bipartisan legislation passed in 2023, have given the Treasurer and Chief Investment Officer

more tools to attract, develop, and retain investment talent.

Russell announced \$750 million in investment commitment decisions, based on feedback received at July's IAC meeting.

In private credit, the Treasurer committed up to \$250 million each to Fortress Lending Fund V (A) L.P. and Fortress Lending Fund V Co-Invest L.P.

In infrastructure and natural resources, the Treasurer committed up to \$250 million to IFM Global Value Add Infrastructure Fund SCSp.

The Treasurer also selected Hamilton Lane Advisors, LLC to provide Private Equity & Private Credit Investment Consulting Services after completion of the RFP process and receiving the Selection Committee's final recommendation.

The IAC shares responsibility for Connecticut's investment strategy and performance. Its members are appointed by unions representing teachers and state workers, legislative leaders, and the governor. The IAC plays a key role in setting the pension funds' investment policy and asset allocation.

Anniversary party for EH Senior Center this Saturday

On Saturday September 19 from 9 a.m. to noon the East Hartford Senior Center is holding a party for its 5th Anniversary. Bring your kids, grandkids and great-grandkids for a day of fun activities to celebrate the 5th anniversary of the building at 15 Milbrook Drive.

There will be a Grab and Go breakfast from 9 a.m. to 10.

Special activities will include an animal petting zoo, Arts and Crafts, Face Painting, Balloon Twisting, Henna Tattoos, Photo Booth, ice cream, popcorn. All free and open to the public.

Special medal for Road Race

Every registered runner who completes the course at the Manchester Road Race presented by Hartford HealthCare on Thanksgiving morning will receive a medal, race officials announced today.

In celebration of the road race's 90th running this November, the Manchester Road Race Committee will award a commemorative medal embossed with the race's distinctive winged-foot insignia to all registered participants after they cross the finish line. Online registration for the Manchester Road Race is now available at www.manchesterroadrace.com. Additional information is also available on the event website.



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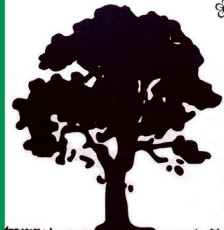


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LOST DOG? ITEM FOR SALE? - A \$12 ad in the Gazette makes more sense than spending for markers, staplers, etc to place ugly signs on telephone poles.

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GAZETTE CLASSIFIEDS GET RESULTS

DESDE LA ESQUINA

by Carmen Maldonado

Te lo cuento por si te lo perdiste

Este fin de semana pasado el party' estuvo encendido desde East Hartford hasta Hartford. Hubo música, comida, cultura y eventos dirigidos a celebrar nuestra comunidad latina. Y aunque la lluvia apareció con ganas y por momentos parecía que venía a dañarnos el plan, la fiesta continuó.

Porque si algo sabemos hacer, es seguir celebrando, aunque el clima no coopere.

Pero no te preocupes si te perdiste alguno de los eventos, porque el Mes de la Herencia Hispana apenas comienza. Todavía quedan actividades, celebraciones y oportunidades para compartir nuestra cultura durante las próximas semanas.

Ahora, entre tanta música, comida y celebración, también vale la pena recordar que este mes representa mucho más que una buena fiesta.

Celebrar nuestra herencia también significa conocerla.

A veces hablamos de situaciones que ocurren en Puerto Rico, aquí en Estados Unidos o en otros países latinoamericanos sin detenernos a pensar en todo el contexto que existe detrás. Escuchamos opiniones, vemos un post en las redes, discutimos un tema por cinco minutos y seguimos con el día. Pero muchas de las situaciones que afectan a nuestras comunidades no aparecieron de la nada. Hay historia detrás de ellas.

Y quizás, con el correr y correr de todos los días, se nos olvida mirar hacia atrás.

Se nos olvida preguntarle a la abuela cómo llegó hasta aquí. Escuchar las historias del abuelo. Recordar los sacrificios que hicieron nuestros padres, madres y generaciones anteriores para construir una vida diferente. También se nos puede olvidar aprender sobre las personas que estuvieron antes que nosotros, las comunidades que abrieron puertas y las luchas que hicieron posible muchas de las oportunidades que hoy tenemos.

Nuestra historia no siempre es sencilla, pero conocerla nos ayuda a entender mejor nuestro presente.

Por eso, durante este Mes de la Herencia Hispana, vamos a disfrutar. Vamos a bailar, comer rico, apoyar nuestros negocios, asistir a los eventos y celebrar todo eso que hace especial a nuestra comunidad. Pero entre una cosa y la otra, saquemos también un ratito para aprender.

Pregúntale a alguien de tu familia una historia que nunca hayas escuchado. Lee sobre el lugar de donde viene tu familia. Aprende sobre la historia de los latinos en Estados Unidos y también sobre la comunidad latina que hoy llamamos hogar.

Porque celebrar de dónde venimos también significa conocer cómo llegamos hasta aquí.

Eventos próximos que no te debes perder:

No te pierdas el "Walk for Hope" de East Hartford el cual se estará celebrando el 3 de Oct, comenzando 9:15am en el Centro Comunitario en 50 Chapman Place. Inscripciones serán de 8:30am a 9:00am. No te lo pierdas.

East Hartford en colaboración con el Connecticut River Valley Chamber of Commerce, presenta su primer Festival Anual de Chiringas en Rentschler Field "Elevate Here: Festival of Flight". El evento contará con food trucks, música, presentaciones, demostraciones, actividades, bebidas y mucho más. El Evento comenzará a las 11:00am el 19 de sept. No te lo pierdas.

La Casa y Museo de Mark Twain te invita a ser partícipe de un recorrido por la casa llena de historia paranormal con los "Ghost Tours of The Mark Twain House". Comenzando el 25 de sept. a las 6:00pm. Para mas información en compra de boletos, días adicionales y horarios accede a <https://marktwain-house.org/>

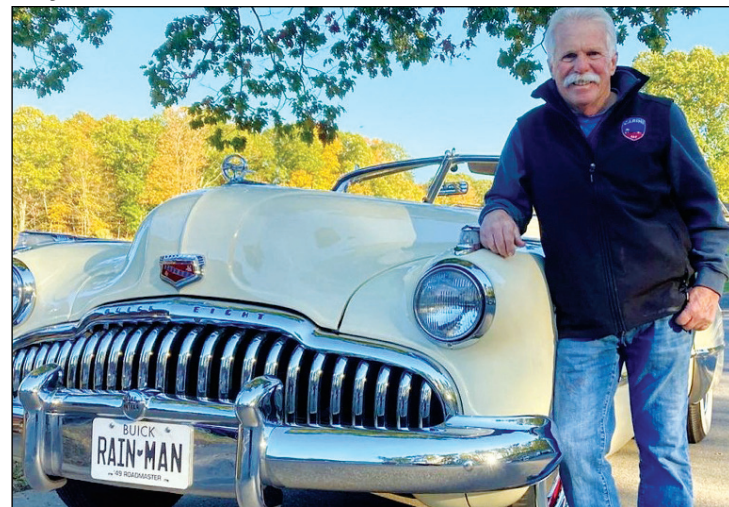
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Car show, Wayne Carini at Goodwin

The Valley Collector Car Club has been hosting an annual benefit car show for 25 years. But this Sunday, Sept. 20, will be the first time that the Simbury-based non-profit will hold it here in town, from 9 a.m. to 2 p.m. on the riverfront campus of Goodwin University.

The 25th show will be special with free admission although donations will be accepted at the gate. Entrance fee for show cars is a modest \$10.

All funds go to charity, and the fact that they have been doing this for 25 years and are bringing in television car celebrity and Connecticut native Wayne Carini they hope to surpass the \$8,000 donated last year. Carini, who all classic car aficionados know from his show "Chasing Classic Cars" is looking forward to being in East Hartford for the day. He will not miss the exhibits, including by the AACA members, the Kling-



Wayne Carini is scheduled to be at Goodwin University Sunday.

berg Family Centers Auto Restoration Program's early autos he is familiar with, and meet with Craftsman Bill Eggers' "The Little Blue Truck" of the famous children's book. The Connecticut Military Vehicles Collectors Club will also be rolling in with the vehicles that

helped preserve democracy. Vendors include the Home Depot Kid's Workshop, Be Happy Landscaping, Dawnz Creations, Newtown Lions Club and many food vendors.

For more about the event and the club, go to www.valleycollectorcarclub.org



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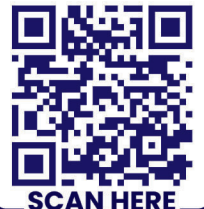
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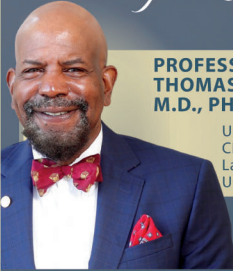
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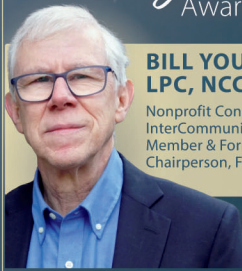
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SPEAKING OUT!, LETTERS

Gasoline now up over \$4.30 gallon; diesel surpasses \$6 per gallon

Average gasoline prices in Hartford have risen 9.3 cents per gallon in the last week, averaging \$4.38/g according to GasBuddy's survey of 418 stations in Hartford. Prices in Hartford are 34.9 cents per gallon higher than a month ago and stand \$1.25/g higher than a year ago. The national average price of diesel has increased 31.6 cents compared to a week ago and stands at \$6.183 per gallon.

According to GasBuddy price reports, the cheapest station in Hartford was priced at \$4.07/g yesterday while the most expensive was \$4.85/g, a difference of 78.0 cents per gallon. The lowest price in the state yesterday was \$4.07/g while the highest was \$5.29/g, a difference of \$1.22/g.

The national average price of gasoline has risen 17.2 cents per gallon in the last week, averaging \$4.25/g today. The national average is up 19.0 cents per gallon from a month ago and stands \$1.14/g higher than a year ago, according to GasBuddy

data compiled from more than 11 million weekly price reports covering over 150,000 gas stations across the country.

Historical gasoline prices in Hartford and the national average going back five years:

September 14, 2025: \$3.13/g (U.S. Average: \$3.12/g)

September 14, 2024: \$3.14/g (U.S. Average: \$3.16/g)

September 14, 2023: \$3.75/g (U.S. Average: \$3.84/g)

September 14, 2022: \$3.36/g (U.S. Average: \$3.69/g)

September 14, 2021: \$3.10/g (U.S. Average: \$3.18/g)

Neighboring areas and their current gas prices:
Waterbury- \$4.44/g, up 15.8 cents per gallon from last week's \$4.28/g.

Connecticut- \$4.39/g, up 11.5 cents per gallon from last week's \$4.28/g.

Springfield- \$4.20/g, up 13.4 cents per gallon from last week's \$4.07/g.

"Average gasoline and diesel prices rose in every state over the last week as geopolitical tensions escalated on multiple fronts, with friction between the U.S. and Iran, new hostilities in the Red Sea, and the shutdown of Saudi Arabia's East-West pipeline all combining to jolt prices sharply higher," said Patrick De Haan, head of petroleum analysis at GasBuddy. "New weekend attacks also knocked two additional Russian refineries offline, further straining global refined product supplies and likely offsetting any seasonal relief. Diesel prices could climb even faster in the wake of the new refinery attacks. While most of the country transitions to cheaper winter-blend gasoline this week, the scale of ongoing geopolitical escalations makes meaningful price relief unlikely in the near term. Motorists should brace for continued volatility ahead."

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Intellectual property rights important to us all

By Brian O'Shaughnessy

Earlier this year, the Office of the U.S. Trade Representative released its 2026 Special 301 Report, an annual assessment of policies worldwide that undermine American intellectual property rights. This year's report places standard essential patents at the center of global trade tensions, warning that foreign approaches to patent enforcement are distorting the licensing markets that underpin modern technology.

At the heart of those concerns is the licensing agreement, the mechanism through which companies access and monetize the technologies embedded in global standards. Those agreements rest on a basic principle: When two or more parties enter into a formal, written contract, the contract is legally binding and enforceable. That principle sustains modern commerce.

Agreements involving intellectual property rights are no exception. In fact, patent license

agreements are at the heart of one of the quiet successes of today's technology marketplace: Devices made by separate and unrelated companies can seamlessly talk to one another. Phones from one manufacturer can connect to WiFi routers made by another, and cars can communicate over 5G networks designed and made by yet another. Often, these companies own patent-protected technologies that they could exclude others from using, but which are essential to comply with a standard. Because interoperability is the ultimate aim, these companies will commit to license such standard essential patents, or SEPs, on terms that are fair, reasonable and nondiscriminatory, or FRAND.

But over the past decade, a handful of high-profile disputes have come to illustrate how fragile this system is. While regulators have traditionally focused on the threat of holdup, i.e., where a SEP owner demands terms or royalties above market rates, the greater threat

to our innovation ecosystem has come from those who hold out in refusing to take a license or to abide by the terms previously negotiated.

When licensees unilaterally stop paying – or attempt to revise terms they previously agreed to – it signals to the entire market that even negotiated, FRAND-compliant agreements might not be enforceable. If a national court allows a losing party to relitigate a question already resolved through arbitration, it threatens the reliability of arbitration as an alternative dispute-resolution mechanism.

The solution is not complicated, and it does not require rewriting long-standing frameworks. It simply requires courts and arbitrators to do what commercial systems have depended on for centuries: enforce contracts according to their terms.

Brian O'Shaughnessy is a partner in the Intellectual Property Practice Group of Dinsmore & Shohl, LLP.

SPEAKING OUT!, LETTERS

East Hartford Alex Wierbicki accomplishing goals; will play junior hockey

by HENRY J. GENGA
STATE REPRESENTATIVE

Congratulations to Alex Wierbicki of East Hartford, Connecticut. Alex was recently selected to play Junior Hockey by the Norwich Sea Captains of the NA3HL.

Alex, an East Hartford, Connecticut native and a 2026 graduate of East Catholic High School in Manchester, Connecticut, had a tremendous high school hockey career. Alex totaled over 1700 saves in less than three (3) full seasons as a goaltender, along with leading his team to two (2) post-season appearances in three (3) years.

In an age when higher-caliber student-athletes often transfer out of the public or catholic school system to pursue playing at the prep level, Alex took a different route. "My freshman season, I did not even play high school hockey," stated Wierbicki. "I wanted to finish with my friends at the youth level. And if you ask any of my team-

mates on that team, none of them would ever trade that experience for anything in the world. We have those memories (winning the Gold Medal at the CAN/AM Tournament in Lake Placid; peaking at #2 in the State; having great coaching) forever. It was the best."

From there, Wierbicki choose to stay and graduate from East Catholic. "I had other options, but I attended catholic school my entire life. It was important to me to finish that journey," continued Wierbicki. "From St. Christopher to St. Bridget to East Catholic, I wanted to be with my friends and also enjoy High School with my brother. Sports always seemed to take care of itself."

When asked about all of his hockey successes, Alex deflected taking credit for his accomplishments. "All the credit goes to the mentors that have helped me along with way," stated Wierbicki. "Pro Crease Goaltending provided me the proper goaltending education and a number of coaches really



ALEX WIERBICKI signs his letter of commitment to the Sea Captains.

took the time to care about me as a person. Especially Coach Jared Waimon, Coach Pat Boller, Coach John Hissick and Coach Johnny El-Hachem. These coaches taught me more than just sports. They taught me

about life."

When asked about what he is most proud of from East Catholic, Wierbicki's response was a two (2) part answer. "I am most proud of my durability. I never wanted to let my team-

mates down by not being available. I really took care of myself as best I could. I started in 59 of 60 regular season games, only missing one (1) game due to the flu. I was also proud of my teammates. We went through a lot together."

The Norwich Sea Captains are Coached by Kevin Cunningham and play out of the Rose Garden Arena in Norwich, Connecticut. The Norwich Sea Captains play a 47-game regular season schedule. The season lasts from September through March, and the team competes for the Frazer Cup Championship. For more information on the Norwich Sea Captains, visit: www.norwichseacaptains.com

In addition to playing Junior Hockey, Alex is also attending college and working a part-time job. Best of luck Alex. You are a great representation of what young people in East Hartford can achieve if they put their heart, mind and soul into accomplishing their goals.

In boom times, town children attended several elementary schools

Did you know that often the readers know more than the author, and they let him know it - often. I appreciate the emails and calls expressing how much readers enjoy these trips through history. Among the recent emails were two which dealt with columns: on local schools and the confusion about Martin Park and Burnside Park.

The first email, from Phil Handel, outlined the reader's 1950s and 60s elementary education in town.

Our column had noted that the expanding workforce at Pratt & Whitney had created an equally expanding education need within the town. It presented a large list of schools constructed during the time frame, challenging the readers to remember which schools they attended.

Handel responded with his own list of schools he attended.

Personally, we only attended two elementary schools, and that was because our father moved us during third-grade. But Handel, without any family shuffling across the East Hartford, noted five elementary schools that welcomed him for one or more school years.

"I started kindergarten in 1953 at the original Goodwin School," the email stated. He stayed at Goodwin through second grade, held in a small building in the back of the school, before going by bus, to South Grammar School, now Inter-Community Health Center.

"For fourth grade the Barnes School had opened so I spent the year there. But space was tight so my classroom had both third grade and fourth grade students in it."

He returned to South Grammar School for fifth grade, while there he recalled that at lunch they could "once in a while go to Augie & Rays for a hot dog lunch."

SW Historical Society invites all to Heritage Day 1776 and Beyond

Greetings from the South Windsor Historical Society! The South Windsor Historical Society would like to invite you to participate in "Heritage Day: 1776 and Beyond" to share the history of our town and commemorate the 250th Anniversary of the signing of the Declaration of Independence.

Heritage Day: 1776 and Beyond on Saturday, September

DID YOU KNOW?

Looking back on our East Hartford

By Robert Kanehl

"For sixth, seventh and eighth grade we inaugurated the new O'Connell School. Mr. Waters was the principal. He then moved up to become the first principal of the new George J. Penney High School when it opened in 1962. Since

the eighth graders at O'Connell would be going to Penney, he gathered us together and we chose the school colors, and I think the mascot as well."

Handel, however, did not enjoy the first year at Penney High. He attended East Catholic in Manchester instead.

Another reader noted that the confusion over Martin Park, Burnside Playground, and Burnside Park, stemmed from the fact that there was a playground at Burnside School, located near the park. Our confusion remains as the names were used interchangeably in the old Gazettes, and even Paquette's book identifies "Burnside Park" as being Martin Park.

Finally, if you can help, a reader is attempting to locate information on "Burnside House," a late 1800s inn or public house operated by Norman Burke. Not the famed 1950s sports star of East Hartford High School but another Norman Burke who moved to Bolton. So far, we have found in the state archives and the *Gazette* records, an April 1890 account from The Press, the Stafford Springs paper, noting that a man named Otis Henry pleaded guilty to stealing clothing and a gun from "the Norman Burke home" in Bolton. He received a fine and 6 months in jail, punishment which some would say, suited the crime.

26 (rain date: Sunday, Sept. 27) at Birden Field: Corner of Sullivan Avenue and Main St., 9 a.m. - 4 p.m. Free admission.

Featured will be the history of the East Windsor Hill area, the center of East Windsor in 1776, with a recreation of the "Bissell Tavern" under a tent with tavern games, a "fiddler's gallery" with a local fiddler, kids' activities, history trivia

games, and a signing of the Declaration of Independence.

There will be interactive displays on ship building, trade, and farming, including an antique tractor exhibit with local tractors and tractors from the Scantic Valley Antique Engine Club.

Antique cars will return also, with some new additions.

We will also have a Bake Sale

and Teacup Auction and donations for a major project of the South Windsor Historical Society will be appreciated.

The goal is to present a community event where people can visit and learn about the rich history of South Windsor.

FMI call 860-291-9958 or go to southwindsorhistory.org/wordpress.

ARTS & EVENTS

Growing with earth in mind

Connecticut Horticultural Society continues its 2026-2027 season of speaker meetings on Thursday, October 15 at 7pm with Digging Deeper into Ecological Horticulture, featuring Uli Lorimer. The meeting will be held at Congregation Beth Israel, 701 Farmington Avenue, West Hartford.

Lorimer's discussion will also be broadcast live via Zoom and followed with a Q&A.

What is Ecological Horticulture? What distinguishes it from mainstream horticulture? Why is genetic diversity important?

Ecological Horticulture takes

a different approach from traditional gardening by focusing on nature-friendly principles. This talk will dive into key ideas and challenge common gardening practices.

For example: Why is genetic diversity essential? Can I use cultivated versions of native plants? How should climate change influence my gardening choices? These questions and more will guide a discussion on creating and caring for gardens in harmony with the environment.

Uli Lorimer serves as the Director of Horticulture for the Native Plant Trust, a leading non-profit dedicated to preserving the native flora of the Northeastern United States. In this role, he oversees the acclaimed Garden in the Woods in Framingham and Nasami Farm in Western Massachusetts, which focuses on native plant propagation and research. Uli's impressive career includes positions at the National Arboretum, Wave Hill, and as the

Curator of Native Plants at the Brooklyn Botanic Garden. A lifelong enthusiast of plants and biodiversity, Uli continues to study the region's ecosystems, collect seeds from the wild, and introduce new plants to collections.

He is also a prolific author and speaker, well-known to audiences across the horticultural community. His publications include *Tough Natives for Tough Places* and *A Native Plant Reader*. His latest work, *The Northeast Native Plant Primer*, reflects his deep commitment to native plants and their ecological value. With a science-based approach and a passion for biodiversity, Uli offers invaluable insights into selecting plants that maximize the ecological impact of our gardens while celebrating the beauty of native flora.

The talk is free for members and \$10 for non-members. For more information or for non-members to register, or go to chort.org.

Matt Harper to speak at ministry expo

Connecticut Radio Fellowship, the non-profit, commercial-free, listener-supported media ministry that operates WIHS 104.9 FM radio in Middletown, will host its annual "Celebrate Jesus Gala & Expo" at the Aqua Turf Club, located at 556 Mulberry Street on Saturday, October 17 from 4:30 to 9:15 pm. The annual event is a popular "family reunion" of Christ-followers and listeners from across Connecticut and the station's major fall fundraiser. Deadline for ticket purchases is Friday, October 9.

The event will begin with a Ministry Expo from 4:30 to 6:15 p.m. consisting of displays by a mix of about 30 Connecticut-based Christian ministries, complemented by live instrumental music by The Bennett Family and appetizers. Opening praise and worship will start at 6:15 pm led by the In His Service (IHS) Praise Band, followed by an invocation by Rev. Steve Rocco with Pillar of God Church in Windsor.

During the family style dinner, music will be provided by an a cappella quartet, The Brothers That Love The Lord, and recorded Dinner Concert music compiled by WIHS Broadcast Director

Neil Knudsen. Drew Crandall, President of Connecticut Radio Fellowship, will give an exciting update on the station.

The keynote address by Bonnie Sala, President of GUIDELINES, will be on *The Essentiality of Evangelism*. GUIDELINES has been broadcast on WIHS since the station went on the air in 1969. Bonnie's father Harold was the keynote speaker during the station's 50th anniversary Gala in 2019.

Robin Hansen, WIHS Office Manager and On-Air Announcer, will then share inspirational listener testimonies and Matt Harper, WIHS General Manager, will present the partnership and fundraising appeal.

In His Service will lead the assembly in singing *Great Is Thy Faithfulness*, followed by a benediction by Joel Cruz with the Urban Alliance in East Hartford.

The Ministry Expo will reopen from 9:15 to 9:30 pm so attendees can make last-minute connections and take helpful exhibitor information home.

For more details and online ticket sales, expo and sponsorship applications, please call 860.346.1049 or visit www.WIHSradio.org.

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Society

'Planet Tech' Tuesdays at Senior Center

Ever wish someone patient would just sit down and show you how your smartphone works? Or explain what the fuss over AI is all about? Starting this month, older adults in East Hartford have exactly that opportunity, no cost, no pressure, and no question too basic.

UR Community Cares has teamed up with the East Hartford Senior Center to bring the nationally recognized Senior Planet curriculum to town. The program offers free, hands-on technology classes built specifically for seniors who want to feel more confident in a digital world.

Classes meet at the senior center, 15 Millbrook Drive, on the third Tuesday of every month. Each session runs from 1 to 2:30 p.m. in the Computer Room for one-on-one tech support, followed by a group class from 2:30 to 4 p.m. in the Media Room; so participants can get personalized help and then learn at a relaxed, friendly pace. Topics are practical, timely, and designed around real life, not jargon. Sessions include:

- Smartphones at a Glance: texts, photos, apps, and more
- Is That AI?: understanding artificial intelligence in plain English

- MyChart: accessing medical records and scheduling appointments online
- Understanding Fraud & Scams: spotting red flags and protecting yourself
- Google Maps: finding your way, planning trips, and sharing locations
- Banking and Finance Apps at a Glance: paying bills, checking balances, staying secure
- Passwords, Passkeys: keeping accounts safe without the headache

Whether you are unboxing your first smartphone or just want to keep up with the grandkids, the curriculum meets you where you are.

Leading the classes is Michelle Puzzo, Executive Director of UR Community Cares. Her teaching style emphasizes patience, practice, and peer support, no one gets left behind, and everyone leaves with something useful they can try right away. Mark your calendar, the program runs monthly through June 2027. Here is the full schedule: October 20th, November 17th, December 15th, Jan 19th, Feb 16th, Mar 16th, April 20th, May 18th, June 15th. Space is limited.

Advanced registration required. To reserve your spot, call 860-291-7460.

Join East Hartford Woman's Club

East Hartford Woman's Club may be for you. We provide a

choice of programs and projects. Meetings are usually held on the first Tuesday of the month, September through May at St. Christopher Church hall, 538 Brewer Street at 5:30 P.M.

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EAST HARTFORD SPORTS

Giants fans are tough. And easy.

Full disclosure. I'm a New York Giants fan. Have been since age ten when my dad and I watched the Giants lose to the Baltimore Colts in the "Greatest Game Ever Played" (affirmed by a media panel in 2019), the 1958 NFL Championship Game, the first NFL game to go to sudden death overtime. Alan Ameche dove into the end zone to win it.

From then on my autumn Sundays were spent with Charley Connerly, then Tittle to Schofner and the "long bomb". I later became friends with Y.A. Tittle and happily report he was just the

SCOTT GRAY on SPORTS

by Scott Gray



humble gentleman you hoped he would be.

One of the first things I learned on entering the sports media was once you get a look behind the scenes, even with your favorite teams, you can't go back to just being a fan. I decided not to cover the Giants so I could preserve my Sunday afternoons as the most obnoxious type of fan, spewing four letter words and accusing everyone in a striped shirt of being on the take, all to support "Big Blue".

Over the years I've successfully put my fandom on the shelf. The teams I root for are the ones that write the best stories, regardless of my former preferences. Except the Giants, who I root for regardless of what kind of story they write. In recent years, it's been downright miserable. The scenario is sadly familiar, field goals splitting the uprights as time expires and another late lead gets away because they couldn't make the big defensive play or turn third and long into a first down. Week after week they break my heart. Week after week I declare, "Never again. This time they lost me for good."

I always come back.

Here I am again, rooting for the Giants. Again I believe. Jaxson Dart threw for a tidy 230 yards, 23 completions on 29 throws averaging ten yards per, eight of them to Isiah Likely, who caught two of Dart's three touchdown passes. Dart feasted on third and long and Cam Skattebo, averaging 4.5 yards a carry, led a running game a young quarterback can rely on. Skattebo knew where the first down line was and he went for it. On the sideline new head coach John Harbaugh was stoic, even when his team faced adversity, calling the right plays and inspiring big efforts when needed most.

This time it was the Cowboys who made the critical mistake. Running back Javonte Williams pulled up short on a late touchdown run and shook the ball at Giant's defenders before crossing the goal line. The ensuing "taunting" penalty turned a standard PAT into a forty-plus yard attempt that drifted wide right, leaving the Giants with a 28-20 lead.

Behind Dart and Skattebo the Giants then systematically ran off the final 5:16 on the clock. This time the Giants controlled the outcome.

I'm a Giants fan. One game in I'm excited. I believe. They aren't just drawing me in this time.

Huskies trounced 38-14

For the first quarter, the UConn football team appeared capable of doing the improbable: Stuffing Big 10 Maryland at the line of scrimmage.

But they succeeded in waking up Maryland's skilled passer in sophomore quarterback Malik Washington. And he skillfully found the Velcro fingers of what seemed like a dozen different receivers darting around like the spotted lanternflies at the stadium, and they burned the Huskies 38-14 in front of the seats belonging to the estimated 69,000 fans still tailgating outside Pratt and Whitney Stadium at Rentschler Field. Washington completed 34-of-41 passes for 347 yards and two touchdowns. He completed 18 passes in a row at one point and the first 16 passes he attempted in the second half.

His receivers and running backs were hard to bring down, frequently breaking tackles.

UConn (1-1) was led by quarterback Kalieb Osborne, who completed 10-of-21 passes for 156 yards and two touchdowns.

EHHS SOCCER OFF TO 2-0 START



EAST HARTFORD BOYS SOCCER has gotten off to an exciting start, posting a close 4-3 win over New Britain in the Hornets' first regular-season game Tuesday, followed with a 3-2 win over Hall in the second game of the season, the 2-0 beginning also getting the attention of the state media. Above, Center Freshman Ronaldo in black versus New Britain. Quite a way for EHHS Soccer to begin the season! **PATRICIA SULLIVAN PHOTO**

But UConn, who tried to play an up tempo contest in a similar style as the Terps, struggled to run the ball, gaining just 67 yards on 31 attempts. Osborn led the way with 30 yards on 13 attempts.

"Credit their quarterback (Malik Washington). He was able to hang in there, make some tough throws and those

receivers did a great job making some contested catches in key moments," UConn head coach Jason Candle said. UConn briefly led 7-0. Dynamic UConn linebacker Hayden Pegg knocked down a pass. Then Washington found his favorite target, Na'eem Abdul-Rahim Gladding who broke two tackles on the way to a 60-yard TD.



THE 2026 JV FOOTBALL TEAM scrimmaged against Berlin Thursday. The Hornets varsity fell to the defending state champion Redcoats in the season opener Friday night.

PHOTO JOSEPH A. ZEBZDA

OBITUARIES

Germaine (Badeau) Guimond, 81

Germaine (Badeau) Guimond, 81, of East Hartford, loving wife of 59 years of Gilles A. Guimond, took her last breath peacefully, surrounded by her immediate family on Friday, July 24, 2026, at St. Francis Hospital. Germaine was born on April 19, 1945, in Lac Megantic, Province of Quebec, Canada to the late Philorum and Delvina Badeau. She was the fourth of sixteen children - ten boys and six girls. Her parents moved to Barre, Vermont in November, 1949 with seven children.

She had been a resident of East Hartford for the past 50 years. A devout Catholic, Germaine was a longtime faithful communicant of St. Christopher Church of North American Martyrs parish.

Prior to her retirement, Germaine was employed by the East Hartford Board of Education as a custodian. Germaine loved gardening,



Germaine Guimond

both vegetables and flowers, traveling to Vermont and Canada to visit her family, playing cards with family members and friends, and baking around the holidays for family and friends to enjoy. She was also a longtime member of the French Social Circle Club of Vernon and formerly East Hartford. Most of all, she was a devoted, caring wife, mother, grandmother, sister, aunt and friend who cherished her time with her entire family.

Along with her beloved husband, Germaine is survived by her two sons, Michael N. Guimond and his wife Rose of East Hartford, James R. Guimond and his wife Tina of Vernon; and three adored grandchildren, Michael N. Guimond of East Hartford, Alexis R. Guimond and her fiancé Nicholas Diaz of Norwalk, and Jacob R.

grandchildren, Douglas Tickle, Alexis Tickle, Jack Stricker, and Abby Stricker.

He also leaves behind his brother-in-law, Herb of North Carolina, along with several nieces, nephews, cousins, and dear friends who will cherish his memory.

Along with his parents, Bobby was predeceased by his daughter-in-law, Faith, and his siblings, Tommy Tickle, Pete Tickle, Conrad Tickle, Audrey Nunn, and Margaret Wright.

Bobby's friends and relatives called at the D'Esopo East Hartford Memorial Chapel, 30 Carter Street, for services which were held at the funeral chapel last Saturday, September 12.

Burial will take place in Alamance Memorial Park, Burlington, North Carolina.

In lieu of flowers, memorial contributions may be made to an organization of your choice.

For on-line expressions of sympathy to the family, please visit www.desopoeh.com

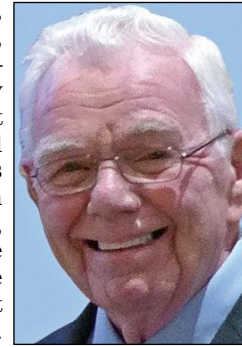
Guimond of Vernon. She also leaves seven brothers, Victor Badeau and his wife Lubiana, Edgar Badeau and his wife Gale, Gaspar Badeau and his wife Janice, and Leonard Badeau and his wife Marie all in Vermont, Richard Badeau and his wife Carleen in Florida, Hector Badeau and his wife Sue in Virginia, Theodore Badeau in Vermont; three sisters, Rejeanne Edson and her husband Philip, Cecile Elmer, and Irene Badeau all in Vermont; many nieces, nephews, cousins; and dear friends.

Germaine was predeceased by her two sisters, Marie Reine Badeau and Madeline (Badeau) Speaks, her three brothers Bernard Badeau, Gerard Badeau, and Edward Badeau, along with her in-laws Ann and Nelson Guimond.

Funeral services took place August 7 with a Mass of Christian Burial at St. Christopher Church of North American Martyrs Parish followed by burial at Silver Lane Cemetery. For online expressions of sympathy to the family, visit www.desopoeh.com

Patrick Griffin, Jr., 87

Patrick Griffin Jr., 87, of East Hartford, passed away peacefully on Wednesday September 2, 2026 at Hartford Hospital with family by his side. Born in Hartford on June 28, 1939 to the late Patrick Sr. and Annie (Kelly) Griffin, Pat grew up in Hartford. After graduating from Hartford



Patrick Griffin, Jr.

Regional Tech (now A.I. Prince Tech), he accepted a job at Pratt & Whitney, where he worked for over 40 years until his retirement. Pat was predeceased by the love of his life, his wife Carol Lee (Hunt), in 2017, after 30 years together. His happiest memories were of the times he and Carol Lee made their winter trips to Florida and spent summers in New Hampshire with Carol's family or just reading a good book.

Patrick is survived by his step-daughter Candace Hammond (Steven) of East Hartford, step-grandchildren Brandon and Alexis, two great grandchildren, sisters Kathleen

Gibbs (John) of Uxbridge MA, Tery Griffin (Deb Cohen) of Wilmington, DE, brother Rev. Thomas Griffin of Colchester, CT, and several nieces, nephews, and cousins. In addition to his parents and wife Carol Lee, Pat was predeceased by his brothers John, Robert, Gerald, Joseph and brother-in-law John Gibbs.

Funeral service will be Tuesday (October 6th) at the D'Esopo-East Hartford Memorial Chapel, 30 Carter St. Relatives and friends may call at the funeral home chapel on Tuesday morning from 9:30 -11 a.m. Services will be held at 11 with burial immediately following at Mt. St. Benedict Cemetery, Bloomfield. In lieu of flowers, memorial contributions in Patrick's name may be made to the Disabled American Veterans, P.O. Box 14301, Cincinnati, OH 45250-0301, or the Alzheimer's Association - CT Chapter, 10 Executive Dr, Ste 202, Farmington, CT 06032.

Bobby Douglas Tickle, 89; Vietnam War Army veteran

Bobby Douglas Tickle, 89, peacefully passed away after a long illness.

He was born on January 26, 1937, in Burlington, North Carolina, the beloved son of the late Clarence and Ruby (Qualls) Tickle. Bobby was a resident of East Hartford for the past 70 years.

Before his retirement, Bobby worked as a Plant Manager for Merrow Machine Company.

He was a proud United States Army veteran who served during the Vietnam War and was honorably discharged.

Bobby was a man who enjoyed the simple things in life. In his free time, he enjoyed collecting coins and was an avid college basketball fan, proudly supporting both the University of North Carolina and the University of Connecticut.

Bobby will be deeply missed by his beloved wife, Pauline Landry of Manchester; his sons, Brian Douglas Tickle of South Windsor and Craig L. Tickle of Kentucky; and his four

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Flex Space part of new hotel

From Page One

ices and conference rooms and pool toward the south side. New soundproof windows mask the noises of the nearby highway. Stays include a complimentary breakfast, fitness center, business amenities and other shared spaces including a two-bay golf simulator. New to East Hartford is a group of self-contained small offices and a conference room collectively called East Hartford Flex Space. The locally-operated coworking space is modelled after similar setups in Windsor and West Hartford. The spaces offer a private offices, meeting space, day desks and lounge access, with flexible terms. It provides a convenient and professional envi-

ronment for local businesses, entrepreneurs, remote workers, traveling professionals, and small teams.

Additionally, a new ground-floor drive-through retail or restaurant space is available for a future tenant.

Located directly off Interstate 84, the space offers excellent highway visibility and presents another opportunity to bring new dining or retail activity to the Roberts Street corridor.

The development represents an important investment in the community, and the mayor and Chamber said they look forward to its contribution to the continued growth and revitalization of the Roberts Street corridor.



Farmer Becky of Handel Family Farms at work as John Larson looks on.

Farmers day

From Page One

Hunger Action Team. Handel Farm is also one of the handful of local farms which keeps the East Hartford Farmers Market supplied with fresh-picked produce on the Town Green every Tuesday. The mother of two small children understands what kids like. "Kids love to touch things, they love to get their hands dirty and they love to be a part of what we are doing." Kindergarteners were more curious than anything to pick up a fresh-picked carrot with its bushy top, or feel an unhusked ear of corn. But the older kids, such as third grader Marvin Severino, carefully looked over each choice, a market punch card in hand. "This is cool."

LEGAL NOTICES

NOTICE TO CREDITORS

ESTATE OF
**SUSAN KATHLEEN BLAZINSKI,
AKA SUSAN K. BLAZINSKI
(26-00363)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 15, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Theodore Blazinski
c/o Kevin M. O'Brien, Esquire;
O'Brien Law PLLC, 202 West
Center St., Manchester, CT
06040

NOTICE TO CREDITORS

ESTATE OF
**SHARON LOUISE FLEMING
(26-00397)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 14, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Michael George Curley, Esquire;
Guided Legacy Law LLC, 15
North Main St., Suite 100, West
Hartford, CT 06107

NOTICE TO CREDITORS

ESTATE OF **CAROLYN J. LEONE,
AKA CAROLYN LEONE
(26-00358)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 10, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Mark D. Leone
c/o Robin Murdock-Meggers,
Esquire; Falkenstein Meggers
Paul & Robinson P.C., 113
East Center St., Manchester,
CT 06040

NOTICE TO CREDITORS

ESTATE OF
**JOHANNA S. KNOBEL, AKA
JOHANNA SERAPHINA KNOBEL
(26-00318)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 10, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Karin Knobel
c/o Molly Jane Plante,
Esquire; Furey Donovan
Cooney & Dyer P.C., 43
Bellevue Avenue, P. O. Box
670, Bristol, CT 06011

NOTICE TO CREDITORS

ESTATE OF
**CHRISTINA LEONE
(26-00360)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 15, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Valerie L. Calciano, 474 Three
Mile Road, Glastonbury, CT
06033

NOTICE TO CREDITORS

ESTATE OF **SHAWN M. SPARKS,
AKA SHAWN MICHAEL SPARKS
(26-00361)**

The Hon. Richard P. Gentile, Judge of the Court of Probate, District of East Hartford Probate Court, by decree dated **September 15, 2026**, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Tobi Dolan, Assistant Clerk

The fiduciary is:

Stephen R. Sparks
c/o Gary D. Lavigne, Esquire;
Lavigne, Mark, Rogers &
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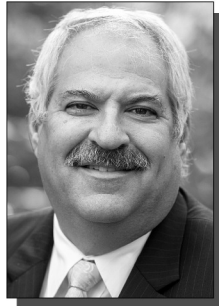
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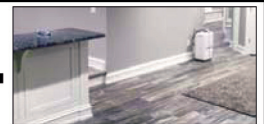
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WHERE THE ACTION IS!

BY CORINNE HORAN

SEPT. 19: FESTIVAL OF FLIGHT kite show at Rentschler Field 11:30 a.m. to 4 p.m. Music, food trucks, professional kite demonstrations, music and more! Exciting way to kick off the town's new slogan, "Elevate Here". Sponsors include the Chamber of Commerce, town of East Hartford and with support of Pratt & Whitney. Fun for all ages! Free.

SEPT. 19: THE WORLD WAR II LEGACY MUSEUM will be open from 2 until 6 p.m. A "POW/MIA Missing Man Table" ceremony will take place Saturday at 3, 4 and 5 p.m.; and Sunday, **Sept. 20** from 2 - 6 p.m. Saturday, **Sept. 26:** open 2 - 6 p.m. **Sept. 27:** Gold Star Families Day and brief ceremony to take place at 3 p.m. WWII Veteran Mario and Irene Birthday Celebration at 4:30 pm. Located at 102 Pitkin St., admission is \$5. FMI call Gary at 860-810-8736.

SEPT. 20: VALLEY COLLECTOR CAR CLUB SHOW at Goodwin University. 9 a.m. to 2 p.m. on the riverfront campus. Wayne Carini, host of the show "Chasing Classic Cars", will appear with his classic firetruck. Exhibits by AACA members, the Klingberg Family Centers Auto Restoration Program's early autos, Eggers' "The Little Blue Truck" of children's book fame, Conn. Military Vehicles Collectors Club, vendors including The Home Depot Kid's Workshop.

Free admission with donations accepted at the gate. Entrance fee for show cars \$10.

SEPT 19: APPLE FAIR AT ALL SAINTS CHURCH, 444 Hills St., outdoor and indoor Fair and Tag Sale from 9 a.m. 'til 1 p.m. Delicious baked goods, Cookies, Jams, Pickles, Fudge and Fun Stuff. Homemade Soups, Chili (both to go and to eat in) and Apple Crisp, Lunch and a Raffle. Tag Sale spaces are \$10 per 10' x 10' area. Vendor registration? Call or text 1-860-490-3270. No rain date.

THE PRESIDENTS' COLLEGE LIFELONG LEARNING AT THE UNIVERSITY OF HARTFORD kicks off another year with two interesting topics, free and open to the public. **SEPT. 22: SOLVING COLD CASES COURSE** Tuesdays, Sept. 22, 29, Oct. 5, 5:30-7 p.m. Channel your inner CSI and step into the shoes of a forensic investigator. Join Michele Clark for a three-part deep dive into real-life cold cases and the science used to crack them. Explore the factors that cause cases to go cold—and what brings them back to life; cutting-edge forensic technology; and real case files and evidence used by actual investigators. Clark is on the faculty at the University of Hartford and is a lead medicolegal death investigator for the Connecticut Office of the Chief Medical Examiner. Hartford.edu/pc. Also **SEPT. 22: IRAN CULTURE & HISTORY COURSE** Tuesdays, Sept. 22, 29, Oct. 5, 2-3:30 p.m. Curious about Persian history and how Iran became the complex nation it is today? Join Trinity College Professor Emeritus Janet Bauer for a fascinating three-session deep dive into a country positioned at the crossroads of Europe and Asia. The course will focus on historical background, religion, culture and will not cover current developments or active conflicts. Hartford.edu/pc.

SEPT. 26: BOLTON CHURCH CRAFT AND HARVEST FAIR at St. George's Episcopal Church, 1150 Boston Turnpike, Route 44, Bolton. 50th Annual, 9 a.m. to 3 p.m. on church lawn. Craft items include knitted and crochet, quilts, wood crafts, Home Decor, Notebooks, Florals, Handbags & Tote bags and our Book Nook. In addition to a luncheon, there will be a home-baked goods table, including a large selection of delicious desserts. St. George's delicious homemade Apple Pies and homemade baked beans will be offered. FMI call 860-643-9203 or visit www.facebook.com/StGeorgesBoltonCT.

SEPT. 26: TOGETHER WE RUN FOR EDUCATION 5K ROAD RACE AND 1.5-MILE WALK, hosted by the East Hartford Alumni Association & Education Foundation in partnership with DT Cares and East Hartford Public Schools. Race registration opens at 9

celebrate the animals who enrich our lives, all are welcome! See you there!

SEPT. 26: LEARN ABOUT SOUTH WINDSOR HISTORY, play old-fashioned games, listen to a fiddler at South Windsor Historical Society's Heritage Day Sept. 26, 9 a.m.-4 p.m.; rain date, Sept. 27. At Birden Field on the corner of Main Street and Sullivan Avenue. Includes teacup auction and bake sale. Free admission. FMI call 860-291-9958 or go to southwindsorhistory.org/wordpress.

OCT 3: THIRD ANNUAL EAST HARTFORD WALK FOR HOPE breast cancer awareness event takes place October 3. Event check-in begins at 8:30 a.m. at 50 Chapman Place, the Community Center building. After a brief program at 9, with testimony from breast cancer survivors, the walk begins at 9:15 with a one mile walk starting and ending at the front steps of the Community Center. Walk, run, or cheer from the sidelines, your participation will make a significant impact. Together, we can make strides towards a future without breast cancer. FMI https://ehparks.myrec.com/info/activities/program_details.aspx?ProgramID=30081

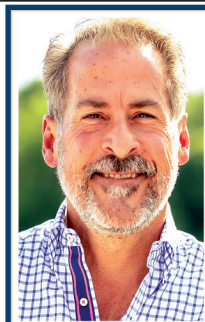
OCT 3: MEMORY IN MOTION bike ride hosted by UR Community Cares, 9 a.m. to noon along the Cheney Rail Trail in Manchester. Participants are encouraged to park at Center Springs Park, Little Theater of Manchester or Vaz House Cafe and enjoy a 1 to 3 mile walk or bike ride, choosing a distance that best fits their abilities and comfort level. Memory in Motion is designed to bring together individuals and families of all ages and abilities for a morning filled with movement, connection, nostalgia, and new experiences. Whether lifelong cyclists, casual walkers, caregivers, or simply looking for a fun community event, everyone welcome.

LUNCHTIME MEDITATION at Odiyana Center, Glastonbury. Tues/Thurs, 12:15 - 12:45 pm. Guided meditation and advice to develop inner peace. Info at meditationinconnecticut.org

OCTOBER 14 - WICKHAM DAY QUILTERS of East Hartford will meet from 1:30-3:30 pm at the Wickham Library meeting room at 656 Burnside Avenue in East Hartford. Like to sew? Interested in quilting? Not a fan of driving at night? Attend a meeting to see if you would like to join us. Any skill level welcome. We meet the second Wednesday of the month. Wickham Day Quilters is a chapter of the Greater Hartford Quilt Guild. The October program will be a presentation by Jenny Bee Quilts - Vintage Textiles & Fabrics from Afar. Any questions? Email us at Wickhamdayquilters@gmail.com.

GET A FREE CHECKUP - Malta's Mobile Clinic is open from 9 a.m. until 3:30 p.m. the 2nd and 4th Mondays of the month, sees patients by appointment. Anyone can call 860-725-0171 to register. The van is parked in the lot on Maplewood Avenue off Main Street.

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a.m., with the 5K and walk beginning at 10. The broader community wellness event continues until 2 Participants can choose between a 5K route throughout the East Hartford High School campus or a 1.5-mile walk on the school track, creating an accessible opportunity for experienced runners, first-time participants, students, families and community members to participate together To register for the walk go to www.dtcare.org/events/together-we-walk-run-for-education

SEPT. 26, BLESSING OF THE ANIMALS AND PET FOOD DRIVE at 10 a.m. at South Congregational Church, 1301 Forbes St. Pet blessings will take place promptly at 10 a.m. All well-behaved pets are welcome! If your pet is unable to attend or has passed away, you may bring a photograph to be blessed. Volunteers will be on-site collecting donations for the Protectors of Animals Cat & Dog Pet Food Pantry until 12 Noon. Bags or cans of unopened cat and dog food are greatly appreciated. Representatives from Protectors of Animals will be on hand with info, and **meet Beacon**, the East Hartford Police Department Community Engagement Dog. Whether you bring a pet, or simply come to